



Pleasant Valley Tennis and Fitness Club

2019 Summer Tennis Programs



Group Lessons

Summer Session : June 10 - August 3 (8 weeks)

No Classes on Thurs.. July 4th

Junior Performance Camp: August 5 - August 9 (5 days)

Starters Camp: August 12 - August 15 (4 days)

To register, please call or stop by the Front Desk. (262) 677-3681

Enrollment for the Summer Session is for the full 7 or 8 weeks with payment due in full with your registration.

***If your child has a schedule conflict, they will not be charged if you provide those dates with your registration. ***

PeeWee Tennis featuring Quickstart Format (Ages 4-6)

A great program to get your kids into tennis. Four and five year olds receive basic instruction with emphasis on developing hand-eye coordination. Six year olds add more tennis specific techniques as well. All ages will have lots of fun!

Dates and Times:

Monday 11:00 -11:45 am

\$84.00 for Members, \$104.00 for Non-members

Wednesday 11:00 -11:45 am

\$84.00 for Members, \$104.00 for Non-members

Cost: \$10.50 per class for Members, \$13 per class for Non-members

Beginners featuring Quickstart Format (Ages 7-10)

Designed for juniors with very limited exposure to tennis. Basic stroke development will be emphasized as well as hand-eye coordination.

Dates and Times:

Monday 12:00 - 1:00 pm

\$108.00 for Members, \$132.00 for Non-members

Tuesday 11:00 am - Noon

\$108.00 for Members, \$132.00 for Non-members

Wednesday 12:00 - 1:00 pm

\$108.00 for Members, \$132.00 for Non-members

Saturday 9:30 - 10:30 am

\$108.00 for Members, \$132.00 for Non-members

Cost: \$13.50 per class for Members, \$16.50 per class for Non-members

Advanced Beginner featuring Quickstart Format (Ages 10 & Under)

For children who have taken lessons and have playing experience. Forehands, backhands and serves will be reviewed with more instruction on service returns, overheads, net play and volleys.

Dates and Times:

Monday 12:00 - 1:00 pm

\$108.00 for Members, \$132.00 for Non-members

Tuesday 11:00 am - Noon

\$108.00 for Members, \$132.00 for Non-members

Wednesday 12:00 - 1:00 pm

\$108.00 for Members, \$132.00 for Non-members

Saturday 9:30 - 10:30 am

\$108.00 for Members, \$132.00 for Non-members

Cost: \$13.50 per class for Members, \$16.50 per class for Non-members

Junior Grand Prix Ladder (Intermediate and Advanced Level)

Friday 11:00-1:00pm (6/14- 8/2, No class July 5th)

Cost: \$10.00 + .56= \$10.56 per match

*Limited to the first 24 players for each date

* Sign-up sheets on bulletin board by pros office or contact Bob Downey.

Intermediate (Ages 11 & Under)

Students will learn a broad progression of skills geared toward strategy in singles and doubles play. Running and movement drills are stressed. Emphasis is on point play and serving.

Dates and Times:

Monday 1:00 - 2:00 pm

\$108.00 for Members, \$132.00 for Non-members

Wednesday 1:00 - 2:00 pm

\$108.00 for Members, \$132.00 for Non-members

Thursday 11:00 am – Noon **No Class July 4th

\$94.50 for Members, \$115.50 for Non-members

Saturday 10:30 - 11:30 am

\$108.00 for Members, \$132.00 for Non-members

Cost: \$13.50 per class for Members, \$16.50 per class for Non-members

Advanced (Ages 12 & Under)

Players in the Advanced level commonly play outside tournaments on a local or state-wide basis and have a strong desire to improve.

Dates and Times:

Monday 1:00 - 2:00 pm

\$108.00 for Members, \$132.00 for Non-members

Wednesday 1:00 - 2:00 pm

\$108.00 for Members, \$132.00 for Non-members

Thursday 11:00 am – Noon **No Class July 4th

\$94.50 for Members, \$115.50 for Non-members

Saturday 10:30 - 11:30 am

\$108.00 for Members, \$132.00 for Non-members

Cost: \$13.50 per class for Members, \$16.50 per class for Non-members

High School (Ages 13 & Over) Drop-in Classes

Designed for older juniors who are playing high school tennis. Emphasis will be on skill refinement, singles and doubles strategy, shot selection, and court awareness.

Dates and Times:

Monday 2:00 - 3:30 pm

Tuesday 12:00 - 1:30 pm

Wednesday 9:30 - 11:00 am

Cost: \$20 per class for Members, \$24 per class for Non-members

Junior High Development (Ages 10-13, must be approved)

Players between roughly 10 & 13 yrs of age who have a solid foundation in the strokes of the game and are now looking to develop a better understanding from a strategic standpoint.

Tuesdays and Thursdays 1:30-3:30 pm (6/11-8/1) ** No Class July 4th

Cost: Members \$21 per class, Non-members \$24 per class

High School Junior Performance (Ages 14-18, must be approved)

Designed for players that are competing at a USTA Tournament Level and are looking to be pushed both physically and mentally. Students learn how to better play within their capabilities as well as strategize based on the opponent at hand.

Tuesdays and Thursdays 9:00 am-12:00 pm (6/11- 8/1) ** No Class July 4th

Cost: Members \$42 per class, Non-members \$48 per class

Camps

Junior Performance Camp (Ages 10 and Over)

Come join us for a week of concentrated skill development and learning. Sign up fast because space is limited. Campers need to bring a lunch, snacks, and plenty to drink.

Dates: Monday, August 5th - Friday, August 9th

Times: Monday - Thursday 9 am - 3 pm & Friday 9 am - Noon

Cost: \$283.50 for Members, \$324 for Non-members

Starters Camp (Ages 8 and 12)

This camp is for beginning to intermediate players. Come join us for a week of fun and games with some learning sprinkled in. Campers need to bring snacks and plenty to drink.

Dates: Monday, Aug 12th - Thursday, Aug 15th

Times: Monday - Thursday 9 am - Noon

Cost: \$126 for Members, \$144 for Non-members

High School Girls Pre-Season Camp (Ages 13 and Over)

One of our most popular programs, this camp meets the four days prior to the start of the girls season. Get your game jump started for a great season.

Dates and Times:

Friday, August 2nd 1:00 - 4:00 pm

Saturday, August 3rd 12:00 - 3:00 pm

Sunday, August 4th 12:00 - 3:00 pm

Monday, August 5th 4:00 - 7:00 pm

Cost: \$136 for Members, \$160 for Non-members or

\$34 per day for Members, \$40 per day for Non-members

Unable to attend all 4 days? We will pro-rate.

